



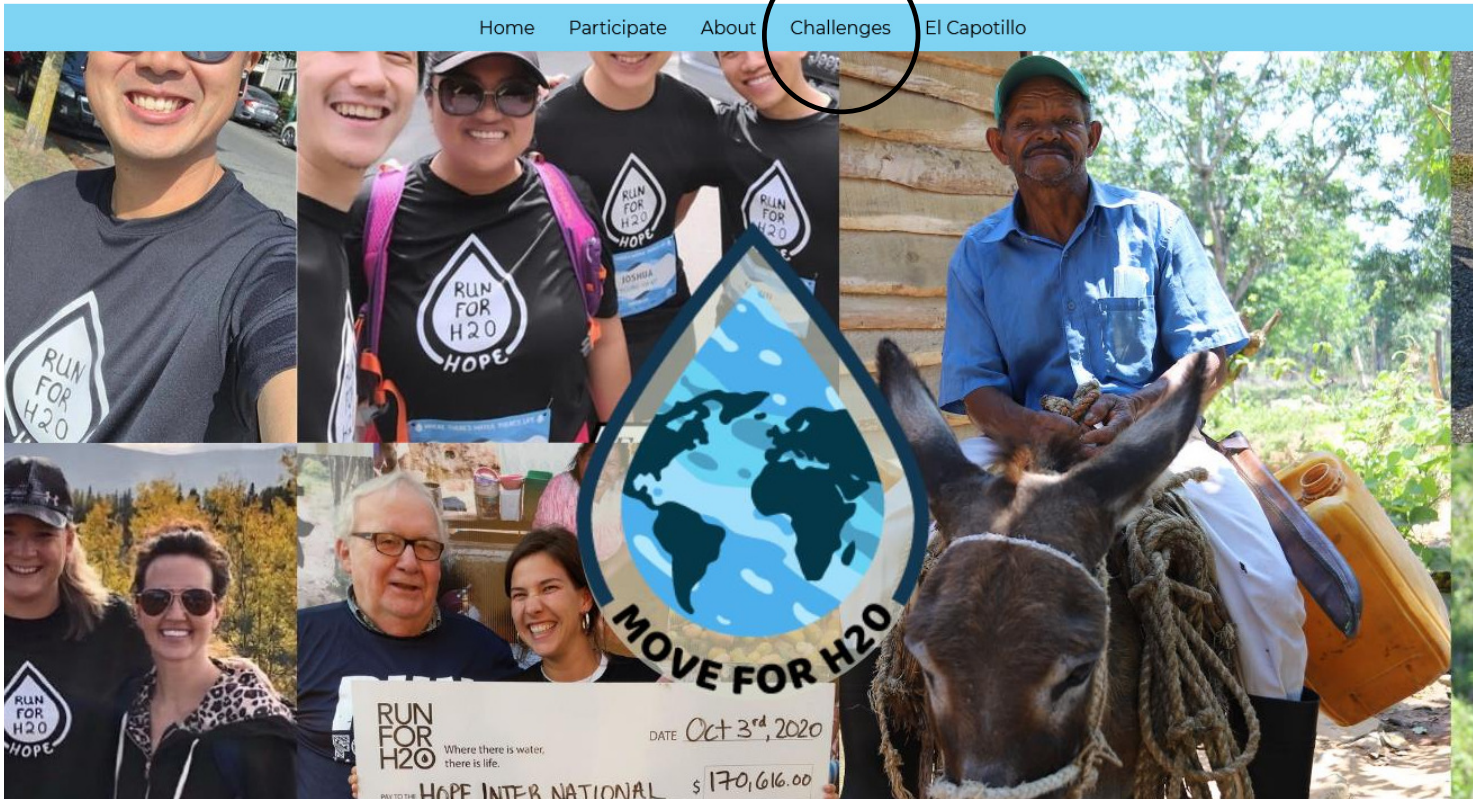
HOW DO I PARTICIPATE IN A CHALLENGE?



Click "Challenges" to begin!



[Donate](#) [Register](#) [Login](#)



Choose which challenge you want to do

The 13KM Challenge

In August, El Capotillo will start digging the trenches for their water system. They will lay 13KM of pipes from the spring to the taps in their community.

We are challenging any Canadian who wants to walk or run those 13KM with them to lace up their running shoes and get training for this 13KM race!

Track your time on Strava by connecting your account to your participant page using the "Fitness Goal" tab. Not on Strava? Submit your time by emailing us at info@moveforh2o.com. Don't want to compete? No problem! Everyone is welcome to participate, with or without submitting their time!

Prizes will be awarded to the fastest runner.

[Register Now!](#)

The Water Walk Challenge

Those living in El Capotillo must carry water from the nearest stream back to their homes to drink, cook, bathe or wash their clothes.

We are challenging any Canadian to carry 40lbs, the average weight of a jerry can, on their back and walk as far as they can. Use weight backpack with books, cans, or a sandbag to match the weight of a jerry can. Carry so those living in El Capotillo don't have to!



Track the distance you walked or ran on Strava by connecting your account to your participant page using the "Fitness Goal" tab. Not on Strava? Submit your distance by emailing us at info@moveforh2o.com. Don't want to compete? No problem! Everyone is welcome to participate, with or without submitting their time!

Prizes will be awarded to the person who walks the longest distance!

[Register Now!](#)

Next click "Register Now"

Click which Challenge you would like to participate in!

Adult Registration

Register to do any activity you love, for any distance or time! All ages are welcome.



Each registration includes a T-shirt!

The Water Walk Challenge



We are challenging any Canadian who wants to carry 40lbs, the average weight of a jerry can, to walk as far as they can.



Registration includes a race package and t-shirt!

The 13KM Challenge




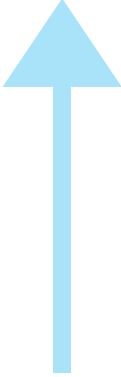
We are challenging any Canadian who wants to walk or run the same 13KM distance of pipes that will be laid in El Capotillo to lace up those running shoes and get training for this 13KM race!



Registration includes a race package and t-shirt.

Login or Create an Account

Please note that if you are a past participant we have switched our fundraising platform and a new account is required. Thank you for joining us this year!

Returning Participant	New User
<p>Username <small>6-20 characters</small></p> <p>Password <small>6-20 characters</small></p> <p>Login</p> <hr/> <p>Or login with Facebook</p> <p> Facebook</p> <p>Forgot Username Forgot Password</p>	<p>Create an Account</p> 

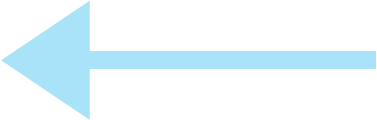
Your Information We have changed the platform we use for registration, so you might have to make a new account to register

Connect your Facebook account for quicker registration & login



Account Information

Username <small>6-20 characters</small>
Password <small>8-20 characters</small>
Your Fundraising Goal <small>Suggested Goal \$500.00</small>



Enter your new account information

Personal Information

Individual Organization

Title

First Name

Enter your information



Enter the activity you will do and for how long
(time, distance, days, number of times, etc)

Additional Information

I'd like to be added to your email list for future communications.

What activity will you be doing?
Skydiving

What distance or time will you be doing this activity?
10,000ft

What size shirt?
Medium

Back Continue


Enter the size of shirt you want. If you are registering:

- for a family, enter your shirt size and we will be in touch about the other shirt size
- for a dog choose "pet cape"
- for a child choose "kids cape"
- dont want a shirt? Choose "no shirt"

Register Another Participant

Additional Participants

If you are registering several participants add them here. If not you can skip this step.

 Add Participant

[Back](#) [Skip this Step](#)


Are you registering a friend or a friend or a child? Add another participant here!

Register Another Participant

***If you are registering as a family, you do not need to register any other participants as this will add another registration fee at check out**

Additional Participants

If you are registering several participants add them here. If not you can skip this step.

 New Participant [Remove](#)

First Name

Last Name

E-mail

Adult Registration

The Water Walk Challenge

The 13KM Challenge

Pet Registration

Family Registration

What size shirt?

Payment Details

Kick off your fundraising and make the first donation to your page!

Enter your payment details here! Want to make the first donation to your page to get your fundraising started? Do it here!

Donation

Donations of 25 (CAD) or greater will automatically receive an electronic tax receipt

(This amount will be applied towards your fundraising goal)

Registration Fee

Total Amount (CAD) \$40.00

You're Almost Done!

Review & Submit Information

Review a final time, and when you're ready, submit!

Thank You for Registering!

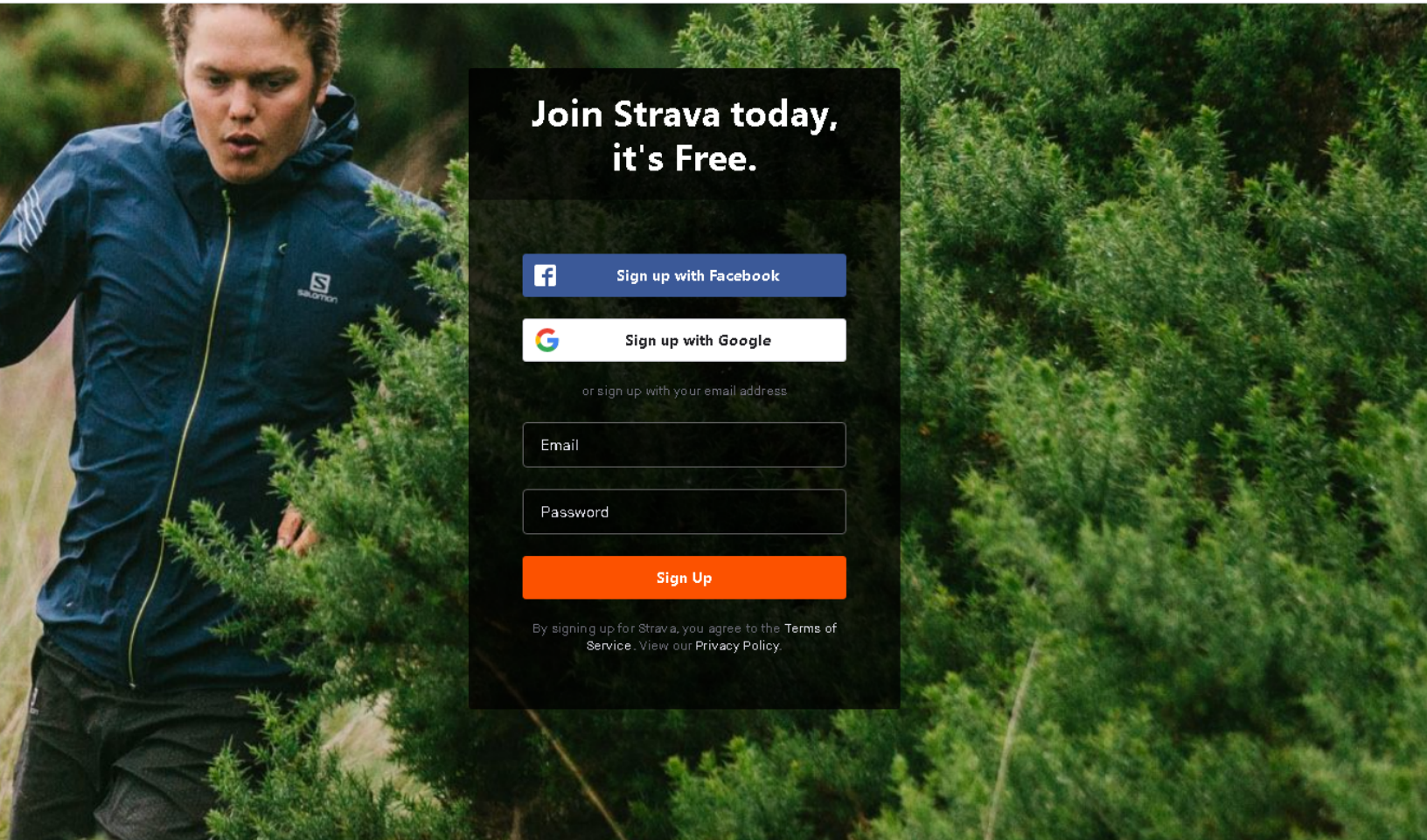
Start Fundraising Now using a full suite of tools to help you raise money!

- Customize your fundraising page
- Access sample fundraising letters
- Create a mailing list

Track your distance and time by creating a Strava account!

STRAVA

Log In



It only takes 2 minutes!

Enter your information to create your Strava profile!



Training ▾ Explo Challenges Start Tr

an.ais

Create your profile

This will give you a place to store workouts and help your friends find you.

First Name

Last Name

Birthday [?]

Gender [?]

[Continue](#)

Record your first activity

Set up your GPS device and seamlessly upload your workouts right to Strava. No device? No problem – record and connect anytime.

⏪ ⏩

Sign up for a month free trial!

STRAVA

You're just about there...

30 Day Free Trial

Custom goals, live location tracking, comprehensive effort analysis over time, advanced device metrics, top brand discounts, expedited support and more






Billed today **\$0.00**

Billed after trial **\$59.99 /yr**

[More Billing Options](#)

Recurring billing. Cancel anytime.

Payment method:

- Credit or Debit Card    
- 

Name on Card

All fields are required

First last

Card Number

Debit or Credit Card Number

Expiration

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/

YY

Security Code



Start Free Trial

After your free trial, you'll be charged \$59.99 every year. By starting a trial, you agree to this recurring charge. You can cancel your trial or membership at any time.

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STRAVA



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Move for H2O 2021

➤ Subscriber

📍 Vancouver, British Columbia, Canada

Move for H2O is an initiative to encourage Canadians to get moving in support of universal access to clean water! Register with us today, and all of the registration fees will go towards building a clean water system in El Capotillo, a community on the border of Haiti and Dominican Republic!

Join our event this June 18-27, 2021!

Check out: www.moveforh2o.com

Show Less

Go back to your Move for H2O page

Click the "Fitness Goal" tab to begin connecting your Strava account to your participant page

Next, click "Connect with Strava" to display your total activity and a log of activity entries from Strava!

Strava Account

Connect with STRAVA

Challenge details

Display activity totals for: Distance Time [?](#)

Win!

If you want to be entered to win a new pair of Brooks running shoes, or a \$50 Forerunners gift card, let us know your time/distance by connecting your Strava account, or emailing your results to info@moveforh2o.com! The winner will be announce at the end of the day on Sunday, June 27th!

Don't want to compete? There is no pressure to!



FORERUNNERS
MAIN STREET

